

Join Healing Hands by Helen, Inc., at the Kickoff for Making Strides Against Breast Cancer event 2013 – Offering Chair Massages!

Want to soothe away tension
in your Head, Neck, Back,
Traps, Shoulders & Hands
well go & get a Shiatsu Chair
Massage to start your
weekend feeling relaxed!

Massages being offered by:
Helen Rodriguez, LMT
Diane Helving, LMT

Arrive 5 min early to fill out
the Sign-In Sheet

**Chair Massage
Donations:**
10 Min for \$10 or
20 Min for \$20

Join Us:
Friday, October 4, 2013
9:00 a.m. to 4:00 p.m.
SPCC Lobby Area (near Gym)



Also Available for Purchase
Homemade:

- Coconut-Lavender Sugar Scrub
- Lavender Body Polish
- Peppermint & Eucalyptus Foot Scrubs \$7.00 each
- Making Strides Breast Cancer Pins \$1.00 each
- Information on Max International new Mega Switch Weight Loss Program will be made available